

List of companies providing nutritional analysis support packages

Caterer, Supplier and Food Consultancy Nutrition Support Providers																							
Caterer/Supplier/Food Consultancy Provider	Nutrition Analysis Support Package to:			Service provision				Training in basic nutrition		Mechanism for delivery of nutritional analysis support:				Other available resources	Nutritional analysis service provided (or supervised) by a registered dietitian or registered nutritionist	Cost A: Part of contract / B: On application						Potential links with the following model numbers	
	Individual schools and consortiums	Support available throughout England	Nutrition support services available independent of other company services	Menu cycle analysis (both nutrient-based and final food-based standards)	Ready prepared compliant menus	Pre-analysed standard recipes	One-to-one support/advice to modify menu to ensure compliance with standards	In-house qualification	Externally assessed qualification	Face-to-face	Telephone	Web based/ email	Other			Nutrient analysis of menu cycle – standard	Nutrient analysis of recipe – standard	Support service	Nutrient analysis of menu cycle – bespoke*	Nutrient analysis of recipe – bespoke*	Nutrition/ menu planning training		
ABM www.abmgroup.co.uk	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✗	✗	✗	Information for parents	Development chef supported by dietitian	A	A	A	A	A	A	1, 2, 5, 8	
AIP www.alliancepartnership.com	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	✗	Parents taster sessions; website page for every school	Information not provided	A for schools who have employed the company catering services B for schools who have not employed the company catering services						1, 2, 5, 8	
Aramark www.aramark.co.uk	Only secondary schools	✓	✗	✓	✗	✓	✓	✓	✓	✓	✗	✗	✗	Educational programmes for children, link with LEAF for farm visits, chefs run cooking clubs	✓	A	A	A	A	A	A	1	
Avenance Education www.elior.co.uk	✓	✓	✗	✗	✓	✓	✗	✓	✗	✓	✓	✓	✗	Educational programmes for primary children. Healthy Eating weeks for children	✓	A	A	A	✗	✗	A	2	
Catering Academy www.catering-academy.co.uk	✓	✓	✗	✓	✗	✗	✓	✗	✓	✓	✗	✗	✗	Support to schools for events e.g. taster sessions, parents evenings, school council	✓	A	A	A	✗	✗	✗	1	
Catering4schools www.catering4schools.com	Individual schools only	✓	✓	On request	✓	✓	On request	✗	✗	✗	✓	✓	Via conferences	Supporting documents e.g. guidance on how to conduct nutritional analysis of recipes and menus for download from website	✓	A	A	B	B	B	B	6, 9	
Caterlink www.caterlink.co.uk	✓	South East England; London	✗	✓	✓	✓	✗	Training related to menus; Healthy Eating course	✗	✓	✓	✓	✗	Roadshows	✓	A	A	A	A	A	A	1, 2	
Cucina Restaurants www.cucina.co.uk	Individual schools only	England (not Cumbria)	✓	✗	✓	✓	Not required as menu compliant	✓	✗	✓	✗	✗	✗	✓	✓	A	A	✗	✗	✗	✗	2, 9	
Duchy Catering/Eatdot www.eatdot.co.uk	Bespoke service for 6-10 cluster schools minimum	✓	✓	✓	✓	✓	✓	✗	NCFE level 2 Certificate in Nutrition and Health	✓	✓	✓	CD Rom	✗	✓	£295 per term/menu	✗	✗	£695 per menu	✗	B	6, 9	
Eagle Solutions www.eaglessl.co.uk	✓	Full service in London; Menu analysis support advice is countrywide	✓	✓	✓	✓	✓	✓	✗	✓	✓	✗	✗	✗	Currently food technologist	B	B	B	B	B	B	1, 2, 8, 9	
Eden Foodservice www.edenfoodservice.co.uk	✓	✓	✗	✓	✗	✓	✓	✓	✗	✓	✓	✓	✗	Support documents for catering staff; Educational resources for pupils and schools; Healthy eating weeks; Information for newsletters/websites	✓	A	A	A	B	B	A	1	
Edwards and Blake www.edwardsandblake.com	Individual schools only	Norfolk, Cambridgeshire, Essex, Suffolk	✓	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗	Support documents for catering staff	Information not provided	B	B	B	B	B	B	2, 5, 8	
Edwards and Ward www.edwardsandward.co.uk	✓	✓	✗	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗	Support events run by schools. Printed resources e.g. newsletters	✓	A	A	A	✗	✗	✗	1, 2	
Food Service Options www.fsoptions.com	✓	✓	✓	✓	✓	✓	✓	✗	CIEH level 2 Healthier Food and Special Diets	✓	✓	✗	✗	Factsheets, Supplier days	Information not provided	£200.00 per annum for menu cycle and recipe analysis with 1 hour training			✗	✗	✗	1, 2, 6	
Green Gourmet www.greengourmet.co.uk	✓	✓	✓	✓	On website	✓	✓	✓	VRQ Level 1 Providing a Healthier School Meals Service	✓	✓	✓	✗	Factsheets	✓	£75-£150/week of menu cycle plus £10 per recipe	£15/recipe	£400 on site visit, work to ensure menus are fully compliant with FBS and NBS-£100 per menu	£75-£150/week of menu cycle plus £10 per recipe	£15/recipe	£350 per day	5, 8, 9	
Harrison www.harrisoncatering.co.uk	Consortiums only	✓	✗	✓	✗	✗	✓	✓	✗	✓	✓	✓	✗	✗	Staff trained by dietitian and dietitian supports the service	A	A	A	✗	A	✗	1, 2 for consortiums only	
Independent Catering www.independentcatering.co.uk	✓	Kent, Surrey	✗	Via Green Gourmet	✗	✗	✗	✗	RIPH level 2 Nutrition and Health	Via Green Gourmet	✗	Via Green Gourmet	✗	✗	Via Green Gourmet	A	A	✗	✗	✗	✗	1	
ISS Caterhouse www.caterhouse.com	✓	Full catering service London, Home Counties, Bristol; Recipe and menu analysis countrywide	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	✗	✗	Staff trained by dietitian and dietitian supports the service	B	B	B	B	B	B	1, 2, 5, 8	
Mouchel Business Services www.mouchel.com	Individual schools only	✓	✓	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗	Recipe book and menus	✓	All charged at £380 per day						✗	1, 2, 5
Pabulum Catering www.pabulum-catering.co.uk	✓	Isle of Wight, 100 miles radius from Fleet (some in Cambridgeshire)	✗	✓	✓	✓	✓	✓	✗	✓	✗	✓	✗	Newsletter	✓	A	A	A	B	B	B	1, 2, 5	
Pride Catering www.pridecatering.co.uk	✓	Within 1½ hours of Guildford	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	1	
Scolarest (Eurest) www.scolarest.co.uk	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓	Tailor-made packages	Nutrition education; parent tasting sessions; Putting fun back into food session; nutrition newsletters; recipe books; compliant menu cycles	✓	A for schools who have employed the company catering services						1, 5	
Sodexo Educational Services www.sodexo.com	✓	✓	✗	✓	✓	✓	✓	✓	✗	✓	✓	✓	CD Rom	Training materials	Yes. Data inputted by individual trained by dietitian	A	A	A	A	A	A	1	
The Dinner Lady Menus to Go www.healthedtrust.com/pages/dinner-lady.html	✓	✓	✓	✓	✓	✓	✓	✓	✗	Bespoke service	✓	✓	Postal	Recipes and menus on individual wipeable menu cards	✓	3-week pre-analysed compliant primary menu cycle with 45 recipes – £650. Full year seasonal menus (3 x 3 weeks as above) – £1,950			B	B	✗	6, 9	
Wilkinson ICA Consultancy www.wilkinsonica.co.uk	✓	North of England and Midlands	✓	✓	✓	✓	✓	✗	CIEH level 2 Healthier Food and Special Diets	Bespoke service	✗	✓	✗	✗	✓	B	B	B	B	B	B	6, 8	
Wilson Jones Catering www.wjccatering.co.uk	✓	M25 and environs	✗	✗	✓	Yes (3 different menus)	✗	✗	✗	✗	✗	✓	✗	Factsheets, Newsletters	✓	A	A	✗	✗	✗	✗	2	
Software companies																							
Compeat (Dietsure4Schools) www.dietsure.com/4schools	✓	✓	On request	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗	✗	✓	A	A	B	B	B	B	4	
Fretwell Downing (Saffron) www.fdhospitality.com/software-solutions/saffron-nutrition	✓	✓	On request	✓	On request	✓	✓	✗	✗	✓	✓	✓	✓	✗	✓	A	A	B	B	B	B	4	
hport SE (Standards & Education) www.hport.co.uk	✓	✓	On request	✓	12 seasonal menus available 4 per term	✓	✓	✗	✗	✓	✓	✓	✗	✗	✓	A	A	B	B	B	B	4	
Kelicomp (CRISP) www.crispsystems.com	✓	✓	On request	✓	✓	✓	✓	✗	✗	✓	✓	✓	✗	✗	✓	A	A	B	B	B	B	4	
Nutmeg Menu Planner www.nutmeg-uk.com	✓	✓	On request	✓	✓	✓	✓	✗	✗	✓	✓	✓	✓	✗	✓	A	A	B	B	B	B	4	
Pelican Buying (Relish) www.pelicanrelish.co.uk	✓	✓	✓	✓	✓	✓	✓	✗	✗	✓	✓	✓	✓	✗	✓	A	A	B	B	B	B	4	

Key to symbols

✓ Available ✗ Service not provided or information not available A Part of contract B On application

Disclaimer: This chart contains details of many but not all companies providing nutritional analysis support packages for schools. The services and costs are correct at time of publication but are subject to change. Users are encouraged to contact the companies directly to find out what new services are being provided. **The School Food Trust does not endorse or recommend any companies providing nutritional analysis support packages.**